Zara SpaTala BayTreatment List

Zara Spa Experience includes unlimited day-use of the Spa facilities.

Entrance fee for resort guests

15 JD

Entrance fee for non-resort guests

25 JD

Zara Spa Experience is complimentary when you book any of our treatments With minimum value of 60 JD per day per person.

Massages

Back, Neck & Shoulder Massage

25 min - 40 JD

A classic and beautiful, traditional massage.

Aqua Veda – Ayurveda

30 min - 45 JD

De-stress with a pressure point head massage to relieve the tensions of Daily life. It will stimulate the flow and awaken your senses. The perfect Way to unwind.

Reflexology 25 min - 40 JD

An ancient Chinese technique using pressure point massage performed on the Feet to restore the flow of energy and promote natural healing. Good for Kidneys, stomach, intestines, bowels and lack of energy.

Signature Full Body Massage

50 min - 65 JD

(Include face & feet massage)70 min – 80 JD

Relax and restore with the therapists free style serenity massage Technique, consultations available for relaxation advice.

Aroma Massage with Thalgo Oils

55 min - 75 JD

(Include face & feet massage)70 min - 90 JD

Alluring aromatherapy oils are used to enhance mood and memory alongside a Gentle and hypnotic traditional massage.

Couples Signature Massage

60 min - 130 JD

Is an excellent way to share the experience of massage with someone special. A luxurious treatment designed to relax and unwind.

Couples Aroma Massage

75 min - 150 JD

Alluring aromatherapy oils are used to enhance mood and memory alongside a Gentle and hypnotic traditional massage includes a 60 minutes massage and 15 minutes foot Ritual and welcome drink.

Private steam, Jacuzzi.

60 min - 50 JD

Thai Massage

70 min - 120 JD

Thai style massage that involves stretching and deep massage. This form of Bodywork is performed on the floor and clients are advised to wear loose, Comfortable clothes. No oils are used in Thai massage. It is known in Thailand as «nuat phaen boran» literally, the ancient-manner massage.

Red Sea Harmony Massage

70 min - 120 JD

A Hawaiian treatment with an Arabian touch, it is designed to work inside And out by massaging, pressing and squeezing. It is a holistic based healing Tradition which transcends the simple massage.

Hot Stone Massage 70 min - 95 JD

One stroke of a volcanic stone is equivalent to ten strokes of the palm. These ancient stones are said to have magic healing powers due to minerals Found within them. Using the stones warmth allows your therapist to work Deeper and get to the real stress of your muscles. You will feel completely Restored and relaxed.

Note: You may extend your massage 15 minutes for just 20 JD

HydroTherapy

Relax in a Jacuzzi bath as underwater jets stimulate and massage the entire body. Popular preparation for anti-stress and anti-cellulite treatments.

Zara Spa Bliss Bath 25 min - 45 JD

Stimulate and unwind in our Jacuzzi bubble bath, mixed with vitamins and minerals that will leave you feeling absolutely fabulous.

Dry Flotation

Body Wrap using Dead Sea Mud

50 min - 75 JD

Get wrapped in lashings of mud and relax as it works its special magic.

Head Massage 25 min - 45 JD

You will just drift away as we soothe your aches and pains.

Sweet, Sweet Chocolate

70 min - 85 JD

Experience a sensory delight with our "Chocolate Body Wrap" as your therapist becomes a Master Chef. Followed by back, neck & shoulder massage And finished with chocolate mousse to complete your sweet experience. This incredible session includes:

Real Chocolate body wrap, not only a divine experience, the chocolate is perfect for dry skin and the caffeine aids total detoxification, a back neck and shoulder massage and a complimentary spa experience.

Facials with Rivage products

Mini Mud Facial 30 min - 45 JD

Energy facial with natural vitamins and minerals from the Dead Sea.

Healing Mud Facial 50 min - 65 JD

This treatment will leave your skin clean, exfoliated, smooth and full of energy.

60 min - 75 JD **Healing Facial with Steam**

This steam treatment will leave your skin clean, exfoliated, smooth and full of energy.

Facials with Thalgo products

Cold Marine 60 min - 65 JD

Treating Sensitive and Reactive skins, soothing, softening and boosting the blood circulation with Hyposensine Extract. The skin is oxygenated, refreshed and brightened.

Micronized Marine Algae Facial for Oily Skin

60 min - 70 JD This facial helps to regulate the oil secretion and leaves the skin looking clearer with tighter, less visible pores.

Hydra-moisture Source Treatment

60 min - 80 JD

This rich treatment will help dehydrated skin which is sometimes rough to the touch (localized rough patches) and suffers from sensations of tightness.

Collagen Smooth Facial (First signs of ageing)

Hyaluronic Filler Facial

60 min - 85 JD

Smooth the fines lines and intensely hydrate the skin, the skin is more Radiant, smoother, more hydrated and plumper.

(Deep wrinkles)

60 min - 95 JD

Treatment which targets the deep expression lines and pronounced wrinkles, the skin is looking younger, smoother, less wrinkled.

Silicium Super Lift Facial 75 min - 100 JD (Lifting and Firming)

This Treatment will fill deep wrinkles and lift the facial contours and neck. The face is smoother and less wrinkled on the frown lines, eye and contour.

BodyTreatments with Rivage products

Dead Sea Salt Scrub 25 min - 40 JD

Full body exfoliation, leaves the skin feeling brand new. These famous salt granules provide skin preparation for your next treatment. Recommended for tanning preparation.

Relaxing Mud Wrap 50 min - 65 JD

Let yourself be wrapped in lashings of mud and rest while the mud works its magic.

BodyTreatment with Thalgo products

Sweet and Savoury Body Scrub

30 min- 40 JD

For all skin types, even the most sensitive. A mechanical action that rids the skin of its impurities in depth, smoothes and improves cell renewal. The skin regains its softness and radiance and active ingredients are more easily absorbed.

Micronized Marine Algae Body Wrap(a course of 6 sessions) (Single session) 60 min - 65 JD

(Six sessions) - 300 JD

Detoxifying and slimming, Algae is a brilliant way to detoxify and kick Start the body by removing toxins.

Thalgo Mince (a course of 6 sessions)

(Single session) 60 min - 75 JD (Six sessions) - 400 JD

This treatment targets soft and hard cellulite with a revolutionary active ingredient which stimulates and re-progammes the Adipocyte cells. We suggest This treatment for stomach, hips, saddle bags and knees.

Slim & Sculpt (a course of 6 sessions)

(Single session) 110 min - 115 JD (Six sessions) - 600 JD

This revolutionary expert fitness massage with slimming and firming wrap Targets stubborn cellulite. Under this combination of the fitness massage And active ingredients, the figure is remodeled and cellulite is visibly Diminished.

Polynesia 105 min – 100 JD

This Relaxing and regenerating treatment with delicious exotic scents promotes a sense of getting away from it all. The skin is smooth, nourished, scented and enhanced with an iridescent sheen. Tension is released from the body and the mind drifts away during its journey through Polynesia. Treatment includes full body exfoliating, luxury balneotherapy, relaxing specific massage and shining finishing with Polynesian sacred oil.

Indoceane 105 min- 115 JD

For anyone who wishes to combine a beauty treatment for the skin with a relaxing and sensorial journey trough different ports of calls ,perfumes, and colors with the riches and beauty of the sea. The skin is purified, soft and delicately perfumed, the body released and the mind escapes during a multi-sensorial maritime journey. Tretment include sweet and savory body scrub, luxurious Indoceane massage and Sublime Body Wrap.

Spa Packages

For the ultimate in relaxation and harmony, choose one of our packages for several Hours of pure indulgence:

Serenity Package:

3 hours - 170 JD

Full Body Massage
Absolute Rehydration Facial
Manicure or Pedicure without polish

Cup of Herbal Tea

Detox Package: 3 hours - 180 JD

MMA Seaweed Body Wrap MMA Seaweed Facial Full Body Massage Cup of Herbal Tea

Adventure Dead Sea Package: 3 hours - 210 JD

Dead Sea Salt Scrub
Dead Sea Mud Wrap
Signature Full Body Massage
Healing Mud Facial
Cup of Herbal Tea

New Look Package: 3 hours - 135 JD

Color High light Cut Blow Dry

Bliss Hair Package: 2 hours - 60 JD

Deep conditioning treatment Blow Dry

Spa Salon Prices

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Wash and blow dry	18 JD
Deep conditioning treatment	15 JD
Hair cut female	35 JD
Men's cut	15 JD
Hair up style	35 JD
Curling	30 JD
Colour	40 JD
Highlights	60 JD

Hand & Foot

Manicure without polish	25 JD
Pedicure without polish	35 JD
Change of polish	15 JD

Waxing

Full leg/half leg/bikini line Arms/underarms Lip/chin/eyebrows

35-25-20 JD 15-25 JD 15-15-15 JD